

Spirulina - Mint and Maca - Orange Balls



Spirulina Mint ball

Ingredients:

1 cup cashew, soaked
1/2 cup pecan
1/2 cup almond meal
1/2 cup coconut flakes
1 cup soft dates
1/2 cup raisins
1/4 cup cacao powder
4- 5 fresh mint leaves
1 tbsp spirulina

Maca Orange ball

Ingredients:

1 cup cashew, soaked
1/2 cup pecan
1/2 cup almond meal
1 cup soft dates
1/4 cup cacao powder
1 tbsp maca powder
1 tbsp orange zest
seeds of 1/4 vanilla bean

Method:

- In a food processor blend all the ingredients until well combined.
- Roll into balls and coat in almond meal, coconut flakes, cacao or maca powder.
- Store in airtight container in the fridge.

Enjoy!