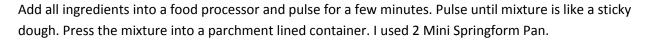
Ruby Cake

Makes 2 small Cake

Ingredients for base:

- 1 tbsp ground flax seeds
- 2 tbsp almond meal
- 3 tbsp finely shredded coconut
- 6 organic dried plum or dates
- 1 tbsp organic dried cranberry
- 1 tbsp cacao powder
- 2 tsp coconut oil
- 1 tsp fresh pomegranate juice

^{*} seeds of 1/2 pomegranate or 1/3 cup dried cranberry



<u>Ingredients for cream:</u>

2 ripe banana

1/2 small bulb beetroot, peeled

1+ 1/2 cup fresh cranberry

1 tbsp fresh pomegranate juice

2 tbsp goji berry

1/3 cup cashew, soaked

1 tbsp coconut butter

1 tsp coconut nectar

Place all the ingredients in a blender and blend until (just make sure to process the filling for a while) smooth. Spread the cream over the base.

* 2 tbsp freshly ground dried hibiscus

Enjoy!

