

# Maca Superfood balls



## Ingredients:

1 cup almond meal

1/4 cup goji berries (pre-soak in water for a couple of minutes)

Chia gel (made from 1 tbsp chia seeds with 3 tbsp water, let soak for 5-10 mins till gel has formed)

1 tbsp maca powder

1/2 cup shredded coconut

1 tbsp coconut oil

4 pitted, soft dates

2 tsp cinnamon

1/4 cup almonds

1/2 cup walnuts

1/2 cup almond milk

## Method:

Soak the goji berries in a little water. Make the chia gel by mixing the chia and water together and leaving to absorb until a gel forms.

In a food processor blend the almond meal, dates, goji berries, cinnamon, coconut oil, shredded coconut, maca powder and half of each of the almonds and walnuts.

Roughly chop the rest of the almonds and walnuts. Add these and the chia gel, almond milk to the mixture and mix until well combined.

Roll into balls and coat in almond meal, coconut flakes, cacao or maca powder. Store in airtight container in the fridge.

Enjoy !