Green Juice Pulp Crackers

Makes 1 and a half tray

You'll need: food processor, dehydrator
Preparation time: 20 minutes
Total time: approximately 12 hours

Ingredients:

4 cup fresh green juice pulp (mine is mix of spinach, broccoli, parsley, parsnip, cucumber, green bell pepper)
4 cup corn kernel
Juice of 1/2 lime
1/4 cup water
1/4 cup chia seeds
1/2 cup flax seeds (ground)
3/4 cup almond (soaked)
salt and pepper to taste

Blend everything (except flax, chia and almonds) until smooth.
Next add almonds and pulse a few times.
Remove mixture from food processor and pour into a large bowl.
Next add in the ground flax, chia seeds and stir together until evenly combined.
Spread evenly over dehydrator sheets about 1/2 inch thick.
Dehydrate at 140°F for 2 hour, decrease heat to 118°F and continue to dehydrate at 118 for 5 hours. Use knife to create the desired shapes. Flip and remove dehydrator sheets. Continue to dehydrate for another 5 hours or until dry. You want these very dry. Store them in an airtight container.

Enjoy!